



ANNUAL REPORT FY 2023



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A Message from the CEO

Dr. Gary L. Jones

Youth For Tomorrow was “birthed” 40 years ago – 1983 – when our Articles of Incorporation were written.

In reality, YFT has become a “**Field of Dreams**”.



- **A DREAM** of the incomparable Coach Joe Gibbs to provide a Christian Group Home for Boys;
- **A DREAM** within every boy and girl who has come to our **doorsteps since 1986 – 6,927** – seeking redemption and recovery from traumatic experiences in their personal lives;
- **A DREAM** of healing through, our Regional Offices, from the ravages of abuses – substances, psychological, emotional and physical – inflicted upon our boys, girls and adults by themselves or others.

Many of you will remember the sports fantasy movie, “Field of Dreams” starring Kevin Costner in 1989. A fictional story of how boys lived their dreams of becoming baseball stars. They never quite “made it”.

Not so at Youth For Tomorrow.

YFT’S “FIELD OF DREAMS”:

- **It’s real**
- **It’s authentic**
- **It transforms lives**
- **It saves souls**
- **It’s where the personal dreams of our children can become reality for them as adults**

Thank You, Lord!

We’ve accomplished much over these past 40 years in partnership with our faithful, gracious and philanthropically generous donors, our relentlessly energetic volunteers and our highly skilled and dedicated professional staff members.

To create our “**Field of Dreams**” takes the Lord’s grace upon our campus, our donors, volunteers and staff. Examples are many and appear seamless in how our achievements accrue month after month.

As for a Brief Overview: **Behavioral Health Services**

- This past year we served 4,740 clients needing 31,200 clinical sessions to achieve a re-direction in their lives. A 40% increase in program revenue and a 23% increase in costs since July 2022. Revenue growth is now outpacing the growth in costs! Further, we have had a 23% increase in sessions just since July 2022.
- Since opening our first regional office in 2013, we have now served 28,455 children and adults whose lives were in crisis when they arrived seeking our behavioral health services.
- In November 2022, our Outpatient Behavioral Health Regional Offices achieved a record number of weekly counseling sessions - 723 counseling sessions performed.
- With the opening of the Pruitt Behavioral Health and Administration Center in February 2023, we now have **7 Regional Offices located in Bristow, Haymarket, Woodbridge, Dumfries, Lansdowne, Warrenton, and Springfield.**
- The largest Capital Project in our history, the Pruitt Administration and Behavioral Health Center became a reality; the \$10MM stately structure is paid in full by 74 donors.

Residential Services Programs

- In August 2022, we had our re-accreditation site visit by the prestigious Council On Accreditation (NY,NY) where we achieved a flawless review and generated the most complimentary statements from three site evaluators of our program that we have ever received.

► *One of the evaluators stated, “I was active in this business (social services) for 40 years and I’ve done 85 COA accreditation evaluations, and YFT stands alone; you are the best I have ever seen or experienced.”*

- In September 2022 – we hit a record in enrollment in our residential program – we had **185 children residing in our homes!!!**
- The past year brought record enrollment in our **foster care programs – 191 total children** (48 domestic and 143 international)!
- Domestic residential revenue has increased 14% and costs have increased 7% since July 2022. Revenue again outpacing the growth in costs!
- Our ministry with our children and staff is as vibrant as I have experienced in my 35 years here at YFT – **272 accepted Christ as their Savior.**
- In May 2023, another site visit by a team of surveyors brought YFT another national accreditation from The Joint Commission (Ill.) which evaluates our performance in all aspects of therapeutic care. The evaluators appreciated the corporate culture and professionalism of YFT and the commitment to our Christian foundation. We anticipate our final report and the Gold Seal of Approval this September.
- Our Therapeutic Day Treatment program offered to public school systems in Northern Virginia has now entered into providing service to elementary and middle schools in 7 political jurisdictions: Fairfax, Prince William, Fauquier, Loudoun, Manassas City, Alexandria and Arlington.

Special Events

- After being stymied by COVID for three years, and then a delay by a week due to Hurricane Ian, we finally held the full 37th Annual Country Fair & Auctions event in October! **We give our gratitude to Co-Chairs Trustees Ken Shepherd and Tom Shumaker!**
- We raised a remarkable \$1.7M for the Heart 2 Heart Gala, which includes \$282,000 from the Sweetheart Benefit Raffle. We were delighted to have Governor Glenn Youngkin and his wife Suzanne, Coach Gibbs and his granddaughter, Elle, in attendance and our featured entertainer, Country Music Legend, Trace Adkins! **A special**

thanks to H2H Co-Chairs, Trustees Cynthia Atwater and Patsy Norton and Raffle Co-Chairs, Trustees Barbara Lewis and Richard Norman.

- The 34th Annual Burgundy & Gold was a very memorable evening for sure! Terry Bradshaw AND Howie Long joined Coach Gibbs for an unforgettable FOX NFL Sunday segment on stage. **The Youth For Tomorrow Hall of Fame** inductee was honored that evening also. **Our gratitude to Trustee Adam Volanth for his Chairmanship** – once again!
- The 27th Annual Golf Tournament in June 2023 was once more a sold-out event and raised over \$200K! Our heartfelt appreciation to **Tournament Chairman and Trustee Jon Peterson!** The Tournament has achieved a “sold out” status each of the 21 years Jon has been its Chair.

All that has happened this past year was possible because of YOU – our Trustees, Advisors, Directors and donors. Philanthropy and volunteerism are our **two greatest legacies of our Boards - each a result of the Lord’s grace upon us.**

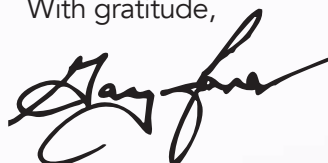
Our heartfelt appreciation to each of you for your generous support, for believing in us, for investing in us and in the future generations. We look forward to seeing what the Lord has in store for YFT this coming year!

I am mindful each day of a Scripture message which poignantly describes our work at YFT:

Whatever you do for the least of mine, brothers & sisters, you do for Me.

(Matthew 25:40)

With gratitude,



Gary L. Jones, Ph.D.

Pruitt Center



The New Pruitt Center A Super-Sized Celebration!

It was a joyous day -- the celebration of a long-held dream and a significant response to increasingly urgent community needs. On Wednesday, May 24, the long-awaited Pruitt Administration and Behavioral Health Center officially opened its doors on the Youth For Tomorrow campus to the cheers of a large crowd of government officials, supporters and well-wishers.

The Center is named for philanthropist and YFT Trustee Cecil Pruitt who provided a \$3 million grant to kick off the effort to raise the \$10 million cost of the building. Thanks to other Trustees, YFT staff and other donors, it was fully funded and marks the largest capital construction project in YFT's 37-year history. Names of major donors are listed on The Nehemiah Wall of Faithful Builders in the lobby.

YFT Programs headquartered in the 37,000 sq. ft. Pruitt Center include Residential, Behavioral Health, Foster Care, Therapeutic Day Treatment and Intensive-In-Home services. It also houses a nursing clinic and other major administrative offices. A canopied walkway links the building to the Joe Gibbs Center for Academic and Physical Education.



(L-R) Joe Gibbs, Trustee Cecil Pruitt and Dr. Gary L. Jones

Pruitt Center



Youth For Tomorrow Trustees and supporters cut the ceremonial ribbon, officially opening the Pruitt Administration and Behavioral Health Center on the YFT campus.

With new zoning, the Center enables YFT to provide outpatient counseling services on the campus to adults as well as children and adolescents. YFT therapists at the Pruitt Center are already conducting more than 100 counseling sessions a week in person and through telehealth services, supplementing the services YFT offers through six regional offices in the Northern Virginia area. (see P. 22)

Ann Wheeler, Prince William Board of County Supervisors Chair At-Large, joined by Vice Chair Andrea Bailey and Supervisors Jeanine Lawson and Yesli Vega, praised YFT for its impact on the Prince William Community.

In addition to deepest appreciation to Cecil Pruitt, Dr. Jones gave special thanks to other major donors, which included two Trustees who made commitments in the seven figures, and 14 Trustees, staff and other donors who made commitments in the six figure range.

He also expressed his gratitude to **Trustee Danny Hazel** and the team from William A. Hazel who provided site work and development. This included a surprising amount of bedrock which took two months to remove, leading Dr. Jones to say, *“Clearly, the Youth For Tomorrow campus sits on a firm foundation – literally!”*



YFT Founder and Chairman Joe Gibbs.

Pruitt Center



Coach Gibbs and YFT CEO, Dr. Gary Jones share their memories and stories of YFT's early years with supporter on May 24th in the Peterson Family Chapel.



Trustee Vic Sellier (pictured) and his wife, Wendy generously contributed \$1.5M to the Pruitt Center and was the 2nd largest contributor to the Center.



A peek into the Joe Gibbs Legacy Museum, located on the first floor of the new building.

“The new buildings will make it possible for Youth For Tomorrow to serve thousands of children and their families each year through therapeutic services for any behavioral health issue within their families at greater cost efficiency -- while offering more comprehensive clinical services and creating additional sources of revenue. Quite a legacy by Joe Gibbs – indeed, an enduring legacy.”

–YFT CEO Dr. Gary L. Jones

THE NEHEMIAH WALL OF FAITHFUL BUILDERS
The Pruitt Administration and Behavioral Health Center

Cecil Pruitt, Jr.

★ ★ ★ ★ ★ ★ ★ ★

Vic and Wendy Sellier and Family

★ ★ ★ ★ ★ ★ ★ ★

William A. Hazel Family Foundation

★ ★ ★ ★ ★ ★ ★ ★

**Bruce and Kathi Eberle | Joe and Pat Gibbs | Donald E. Graham | Brit and Kim Hume
| Randy and Patsy Norton | Peterson Family Foundation
The Bill and Ann Templeton Foundation | The Bob Wiser Family Charitable Trust**

**Carl and Bobbie Berquist | Steve Cumbie and Druscilla French | Tom and Cheryl Holly
Gary and Barbara Jones | Vern and Anita McHargue | Jim and Heather McQuaig**

**Anthony and Tamie Barbour | Renny and Lena Barnes | Taylor and Charlotte Chess
Dimick Foundation | Melissa Gibbs and Family | Denny and Diana Glusko | Love D. Jones
Jim Koons and Family | Rae of Hope Foundation | Larry and Holly Rosenthal
Adam and Christine Volanth | Rich and Margaret von Gersdorff**

**Lang and Cynthia Atwater | Frank and Barbara Baltz | Cyndi Butler | John Ennis
Blake and Kristin Fellows | Nathaniel Grant | Reuben and Deborah Johnson
Gary and Allison Jones, II | Jim and Jean Jones | Wayne and Susan LaPierre | Warren and Barbara Lewis
Larry and Darlene Michael | Richard and Vickie Norman | Candace Norton
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Mike and Beverly Rohlf | Ken and Patty Shepherd | Dave and Jennifer Stadler
Terry and Becky Tinsley | Toth Financial Advisory Group | Scot and Julie Turner**

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Herbert Morgan | Ted and Lorraine Ritchie | Carson Turner | Kyle Turner | Vanderpool, Frostick & Nishanian, P.C.**

A Message from YFT Founder and Chairman

Joe Gibbs



In 1983 a group of my friends and I heard God calling us to do something to help redirect the lives of troubled boys. Over the years, countless others have heard the same call and have stepped forward with compassionate and generous hearts. My sincere gratitude to each of you, our supporters and donors.

When the youth home opened in August of 1986, we had just one home and four boys. Who would have believed then that we would now have 11 homes, 15 programs, the Peterson Family Chapel and the Pruitt Center on campus bringing to 7 the number of regional behavioral health offices!

It was an honor to have Gary Jones follow me into the Youth For Tomorrow Hall of Fame – actually he should have been the first to be inducted!! He has served YFT for over 35 years and is a true visionary! Knowing that Gary is at the helm I never worry about the youth home. He has been and remains an exceptional leader and highly skilled corporate manager for us.

Back in April, my wife, Pat and I walked into the NASCAR R&D Center in Concord to a total surprise. The NASCAR President, Jim France had said he wanted to have a private meeting with me, but we had no idea what it was about. Then he led us into the garage area, where a crowd was waiting.

I was totally shocked when they broke the news to us! Two of my Toyota friends – Ed Laukes and Bob Carter – had originated the idea of “Project X” – a tribute to Pat’s and my late sons J.D. and Coy, and many friends in the NASCAR community joined in. I can’t thank everyone enough!

What a beautiful and endearing tribute to our sons – the J.D. Gibbs Home for Boys and the Coy Gibbs Home for Boys! Building the homes in J.D.’s and Coy’s honor...it means so much to us. (see pg. 14 for more details)

You’ve heard me say it before: When our life here on earth is over, what we leave behind is not the football games or the NASCAR races, but the impact we have



Bob Carter (left) and YFT Trustee Ed Laukes

had on others. And for Pat and me, it’s going to be our two boys, our two WONDERFUL daughters-in-law and eight grandchildren and the impact we have on them and others. And I think one of the biggest impacts I have had is the youth home and the impact it is having on thousands of young people’s lives.

Thank you all from the bottom of our hearts!

Truthfully, we can all buy a lot of things, but the memories and experiences that are most cherished by us are priceless. YFT has given me an abundance of my fondest memories. I am thankful to each and every one of you.

God Bless you,



Joe Gibbs
Founder and Chairman



(L-R) Melissa Gibbs, Jackson Gibbs, Pat Gibbs and Joe Gibbs at the “Project X” reveal presentation.

Board of Trustees President's Message

Vern McHargue



Some churches give a lit candle to the newly baptized saying, "Receive the light of Christ." It's a reminder that no amount of darkness can extinguish the light. A tiny candlelight can be seen in the darkness from miles away; it is impossible to add any darkness to diminish that light.

Youth for Tomorrow works 24 hours a day to pierce the darkness in our world by keeping that light shining bright. Thanks to dedicated employees, donors, volunteers and community partners a great multitude has been drawn to that light, receiving life changing restoration. You'll see stories and reports of those blessings throughout this annual report.

Isaiah 43:19 reminds us, "Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." God is indeed making a new way through Youth for Tomorrow. When a child or family is desperately wandering in the wilderness, Youth for Tomorrow is there to show the love – and the light – of Christ.

It's a privilege and honor to support Youth for Tomorrow, a place where you can trust your contributions will make a meaningful impact in our community. As our steadfast CEO, Dr. Gary Jones, once told me, "Vern, these kids will bless you." He was right; it truly is a special place where the light and love of Jesus is working every day to strengthen, restore and bless our entire community.

On behalf of thousands we've served who can't say it personally, thank you for your faithfulness and support! If not us, then who? Let us together fan the flame and keep the bright light of Youth for Tomorrow shining in our community.

God bless you –

A handwritten signature in black ink, appearing to read "Vern McHargue".

Vern McHargue



Residential Programs

The Wisser Village for Girls



*Dr. Tinsley – Vice President,
Residential Services*

The children who are placed at YFT live in nurturing homes, attend school in YFT's accredited secondary school and receive therapeutic counseling. The residential program has a historical success

rate of 85% and more among graduates who go on to to college or a vocational training program, enter the workforce or the military or are reunited with their families and return to public schools.

Children with suicide ideation, a history of self-harm, depression, substance abuse, and sexual exploitation and trafficking are but a few of the problems faced by the professional staff at Youth For Tomorrow's residential campus. The average age of children is younger than ever. Added to this, more acute conditions are being referred to residential facilities like YFT because of a scarcity of hospital beds across the state.

Despite the challenges, Youth For Tomorrow continues to successfully address these and other problems, as evidenced by the remarks of the



auditors from the Council On Accreditation (COA), the premier accrediting association in the nation.

The auditors conducted a three-day site comprehensive review of YFT operations, from all program areas – Residential, Behavioral Health Services, Clinical, Foster Care, Therapeutic Day Treatment and services for the unaccompanied immigrant children – to management, finances, development, human resources and the physical plant and operations.

"Youth For Tomorrow's reaccreditation was expedited through the Pre-Commission Review Board process as a result of not receiving any out of compliance ratings in any of the fundamental process standards. Congratulations on this amazing achievement!"

Residential Programs



Mommy and Me

There is a special home in The Wisser Village for Girls for pregnant teens and teen mothers to help them to prepare for motherhood. The program provides them an opportunity to continue their education by attending YFT's accredited on campus secondary school, childcare and receive counseling and parenting skills training. The nursing staff oversees the mother and their babies' health in partnership with community-based obstetricians, pediatricians and other medical professionals. This past year eight teen mothers or mothers-to-be and four babies made their home at YFT.

Girls On A Journey

The average age of children who have been sexually exploited and trafficked is 14 years of age. YFT provides these victims a safe, nurturing home for their recovery and the support needed to address their mental health needs and improve



self-esteem. Counseling and school attendance helps to improve their life skills and empowers them to achieve their future goals. Praised by the Fairfax County Board of Supervisors, YFT is the only facility in Virginia and the mid-Atlantic area to provide victims with specialized trauma-informed care and recovery.

Thirty children, victims of sex trafficking and exploitation, were served by YFT this past year.

Unaccompanied Immigrant Minors

Responding to a Presidential request in 2012, Youth For Tomorrow provides shelter, counseling, medical and reunification services for unaccompanied children entering the U.S at the southern border. Most are impoverished, fleeing gang violence in their home countries and are at high risk for abuse and sex trafficking. YFT sheltered more than 700 children this past year.

YFT'S Residential Services 2022

**849 TOTAL
Children Served**

**8 Pregnant or Teen Mothers
and 4 Babies**

**724 Immigrant Program
Residents**

**125 Residential
Program Residents**



**30 Victims of
Sex Trafficking or
Exploitation**

Residential Programs



It was a special and total surprise! Thanks to the NASCAR community, two new boys homes will be built at Youth For Tomorrow and bear special names: "The J.D. Gibbs Home for Boys" and "The Coy Gibbs Home for Boys." They will bring the number of residential homes on the YFT campus to 13 homes.

The "big reveal" was held April 12 at the NASCAR R&D center in Concord, NC, when Joe and Pat Gibbs were invited to what they believed was a meeting with the NASCAR President Jim France. Led into the garage area, they found the crowd of well-wishers who were there to honor the memories of the two late sons of Joe and Pat Gibbs. YFT Trustee Ed Laukes and Bob Carter, both recently retired Toyota executives, led "Project X," their name for the campaign. (See Coach Gibbs' message, p.10)

"The announcement of the building of the J.D. Gibbs Home and the Coy Gibbs Home on the campus of YFT – fully funded – is another example of how God launched and has sustained our program. We are tremendously grateful for those who have made this possible. It is a fitting tribute to our Founder Joe Gibbs' everlasting legacy to have his sons memorialized in such a way," said Dr. Gary L. Jones, CEO, Youth For Tomorrow.

At the conclusion of the Groundbreaking Ceremony, J.D.'s son, Miller, remarked, "I just want to thank you guys. I sure wish they [J.D. and Coy] could be here with us right now, but it will be special to go up there [heaven] and tell them one

day about what their legacy has been. So I think in some ways it might be cool to tell them about it. Thank you guys so much for your generosity and support. We love you all."



The Groundbreaking for the J.D. and Coy Gibbs' Homes for Boys: Grandson, Miller Gibbs, Daughter-in Law, Melissa Gibbs and Coach Gibbs.

"Project X" Made Possible by:



Jim France, Lesa France and Mike Helton



Outrageously Dependable
Norm Miller

The John and Jeanette Staluppi Charitable Foundation



Donald E. Graham



Mars Family and Mars, Inc.



Dan and Tanya Snyder



Rick Hendrick



Roger Penske, Sr. and Greg and Patti Penske



WOW "Where the WOW Factor is High"
TOYOTA OF WALLINGFORD



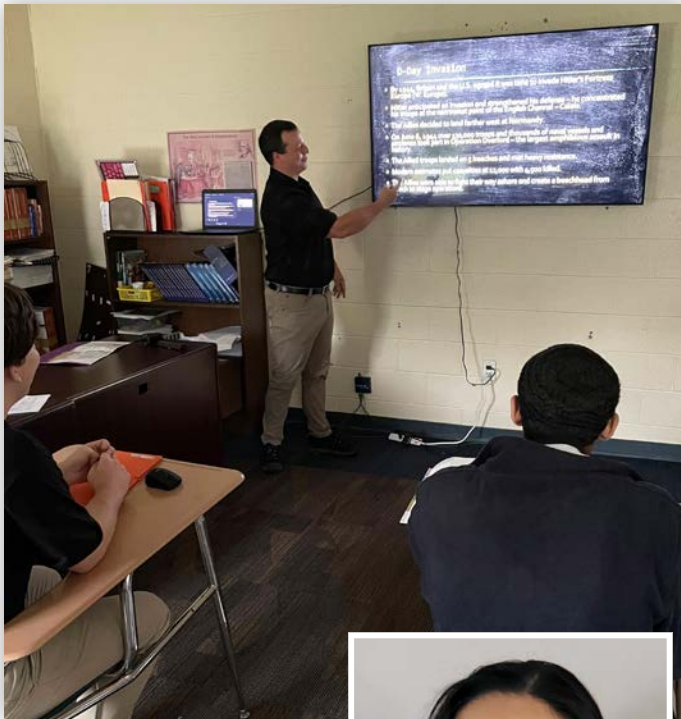
Johnny Morris



Marcus Smith

Steve Zion

Education Programs

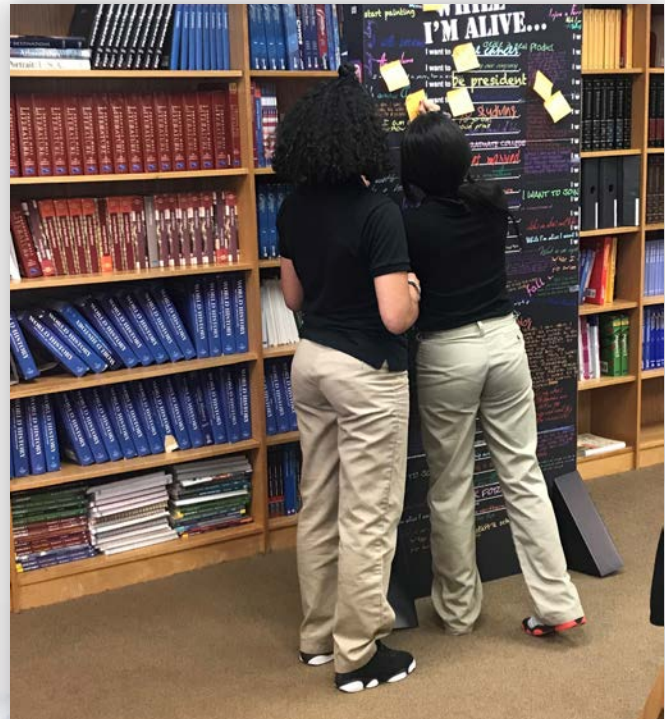


Vice President for Education
Veronica Myers

An 8th grade student entered the Youth For Tomorrow program with a reading level only equal to a 5th grader. One of her Individual Educational Plan goals was to read at grade level. With one-on-one instruction and after-school tutoring, she is now reading at a 7th grade level.

This is just one of the continuing success stories related by Vice President for Education, Veronica Myers. "We are successful because of the teacher's ability to go above and beyond for their students who experience crisis during the school day. Teachers have demonstrated their care and concern for their concern for their students even outside the classroom," she says.

In addition to their usual classroom and tutoring duties, the teachers have created unique ways of reaching students from baking treats, taking walks with students, sitting on the floor to play games and bubbles, or simply getting together to talk. They've also created a "coffee shop" style setting



where students present their spoken word pieces, implemented popcorn Fridays and games and baking to incorporate into lessons that are taught.

Every classroom has a "sensory area" where students who are feeling overwhelmed or who are struggling to cope can step away briefly to release stress and have a moment of peace or calm. As with all YFT programs, children entering are younger and have more serious thoughts of self-harm and other problems. YFT's education, residential and clinical teams work closely together to address the issues of each individual.

This past year 89 students were served in the YFT school, which offers grade levels from 7-12. There were three residents who graduated from the fully-accredited YFT school. Honors were awarded to students of all grades for their academic, leadership and character-building achievements.



7-12 Grades State-Accredited School
849 Residents/Students Served

Spiritual Ministry Program at YFT



Dr. Jones with Pastors Denny Glusko and Lawrence Hubb.

Founded on Godly principles, Youth For Tomorrow gives children an opportunity to voluntarily learn spiritual values and have the option to participate in the Christian ministry activities provided by YFT's on-campus ministry.

Led by Pastor Lawrence Hubb, YFT's ministry is non-denominational and offers a variety of activities, including a weekly mid-week Chapel service, Sunday church service and voluntary ministry-led activities such as Bible studies, recreational activities and off campus trips.

The ministry's desire is for YFT residents to be led by the Spirit to seek Christ, not by required attendance. It focuses on providing traumatized children hope, healing and happiness. In addition to Pastor Hubb, Pastor Israel Salguero, Chaplain Dennis Glusko and Evangelist Joyce Coats provide

pastoral care and counseling to residents and staff upon their request.

Children of all faith are enrolled at YFT and those who desire to participate in a worship service outside the Christian faith are given the opportunity to do so.

"Here at the youth home, God stepped in. God's hand has been on the youth home. We always want the youth home to be a Godly place, where every young person that comes here can hear about how God loves them, and he wants a personal relationship with each one of them. We want to make sure that is never lost."

—Joe Gibbs, Youth For Tomorrow Founder and Chairman

In CY 2022, 272 residents, staff and community citizens accepted the Lord's Salvation and 132 residents, staff and community citizens became Baptized in the Holy Spirit.

Counseling Programs

All residential students at Youth For Tomorrow receive regular counseling services. Upon arrival, each resident participates in the development of an individual treatment plan that targets issues specific to the resident and the family unit. They receive regular onsite individual and group counseling as well as community mental health services for those with special needs. Family sessions are provided as requested and involve the resident, parents or guardians and the therapist. The goal is to prepare each for reunification with his or her family or to explore alternatives for their future and livelihood.

YFT's Student Life and Aftercare

Youth For Tomorrow continues to assist residents who complete the YFT program and move on to the next phase of their lives. Specialists help the students explore career interests, apply for vocational training or post-secondary education and prepare for employment. Each student's case manager follows up with his or her care during the first year of transitioning. Assistance can include guidance, financial counseling and referral to outpatient behavioral health services if needed.

Military Service Families

Children of military service members have unique challenges, such as lengthy separations from a parent or multiple moves as their parent is redeployed. Youth For Tomorrow provides specialized assistance and support to address their needs, including trauma-informed care with individual therapy.



Veterans employed at YFT meet with the children to discuss their specific issues. The boys and girls also attend the YFT school and receive tutoring and supportive interventions where needed.



Residential Substance Abuse Program

YFT's Residential Substance Abuse Program focuses on prevention and treatment of substance abuse disorders delivered by specially-trained and qualified staff members. Each participant receives daily group therapy, weekly individual therapy, family therapy and support for making behavior changes. The program serves boys and girls ages 13 to 18 who meet the criteria for being placed in a clinically managed low-intensity residential program.

Treatment is holistic, caring for the individual's physical, social, mental and spiritual health. The 4–6-month program is followed by aftercare referrals designed to maintain recovery and healing.

Ashley's Testimony

"I Never Got to Tell My Story"



A place you call home is usually a place with good memories, home-cooked meals, family rituals and lots of love. But, for some people it doesn't work out that way. For me.....Youth for Tomorrow **IS MY HOME.** And **This is MY SPECIAL STORY.**

I was born in Baltimore and lived with my mom until I was three. She then took me to live with a family member. At the time, she was busy doing drugs and being a dancer. I bounced around from Baltimore to Connecticut to live with my Grandma and back to Baltimore before finally moving to Virginia to live with a cousin.

My cousin was a mean and abusive woman both physically and mentally. She shaved my head, and gave me clothes that didn't fit. They made fun of me at school, and, despite that, I loved school. **I HATED going home.**

At night, my foster sister and I would be home alone with her husband. **He had a bad drinking problem.** One night as we were getting ready for bed, he called me out of the room That night was the first time he had sexually abused me.... It got worse over time, and eventually he was raping me. My cousin wasn't going to believe me...she already hated me it seemed.

One day she got so mad at me that she beat me with a bat. She beat me until I was laying helpless.... but then her husband pulled her off me. My left eye was the size of a golf ball and swollen shut.

When I was able to go back to school, I told my bus driver everything that had happened. Afterwards, I moved out of my cousin's home into an emergency placement and then my first foster home.

I thought I was finally "home" until one of the sons in the family, bigger and older than me, started to come into my room at night and sexually assault me.

He threatened me. If I resisted he would convince his parents to get rid of me. It got to the point he would have his friend come over and force me to do the same with him.

I felt trapped, vulnerable and scared.

When the other siblings realized what was going on, they told their parents, and my social worker came to get me the following day.

I was sent to a locked down facility in Richmond and it was like a jail. I didn't feel safe there. Eventually my social worker came back to get me, and that's when we headed to YFT. That was in 2004.

My first impression of YFT? I remember riding down the long driveway not seeing any kids outside... Everyone seemed nice, but my guard was still up, even though the houses looked so nice **I didn't trust ANYBODY...**

And, at the same time. I was still waiting for the trial for the sexual abuse I had gone through at my cousin's.

The **day before the first day of trial**, I was pulled from class at YFT, my social worker, therapist, and

case manager were there. They asked me if I was nervous for the court date -- I was.

I was anxious to tell the truth about what had been going on in that house. They told me I didn't need to be nervous.... because my abuser **had shot himself the day before...he was dead.**

So... Many... Emotions... There would be no need for me to testify. This brought back all of the bad memories. I felt defeated. I didn't get the closure I needed... **I never got to tell my story...** and he was never punished.

Everybody at YFT supported me...and...I started to feel safe. **Youth For Tomorrow understood** what I was going through. They were warm and loving and took the time and interest to help me recover.

I was at the crossroads of my life. I realized at that point, **YFT WAS MY FAMILY. IT WAS ALL I HAD.**

So many people at YFT made a difference in my life.

One of them was Mikka Sturdivant. She showed me the facts of living life. Work hard...Do your best...

And Dr. Jones, he has always been so supportive. He was someone you could talk to, knowing that he cares about the kids at YFT. Even now, he calls me his daughter. He is the only father figure I've ever had in my life. He means so much to me.

After graduating from high school at YFT in 2006, I went to a medical training school and became a medical assistant. I began working in a pediatrician's office.

I had my first child in 2009. Some rough times came, and I had to move into a women's shelter. I worked hard to find a good job and became a Dialysis Technician. I found a basement to rent and worked as a dialysis technician for 7 years.

Through hard work and a focused attitude, I've grown in my profession, as well as a person. **I now work for Youth For Tomorrow** as a medical assistant for the Behavioral Health Services program and going on my 5th year!

I recently had my second child, 6 months ago, and I'm now living in a real home and not a basement and have a beautiful and supportive family.

I wouldn't be here today if it wasn't for YFT. I'm so grateful. I finally was in a place where I felt safe and had no reason to feel helpless. I could actually call YFT home and mean it! Once I got my life together...I thought to myself.....

THIS IS WHAT YFT PREPARED ME FOR!

I realized **I AM SPECIAL**.....because Youth For Tomorrow **SAVED MY LIFE**.....

Thank you...to all of you here tonight, **for making YFT possible."**



Behavioral Health Services



YFT's Behavioral Health Services staff at a recent staff training. YFT has 42 therapists at seven locations including the Pruitt Center.

At its 10-year anniversary, our Outpatient Behavioral Health Services program has grown to have an impact on the Northern Virginia community at-large.

Since the program's inception in 2012, we have served approximately 28,455 individuals and are approaching 200,000 counseling sessions provided to children and adults whose lives are in crisis upon their arrival to YFT offices.

In FY23, we provided 31,200 counseling sessions serving 4,740 children, adolescents, adults and their family members. Our team is made up of 43 professional counselors who provide our services in English and Spanish. They provide Outpatient

counseling sessions – through a hybrid model of in-person and telehealth -- at our 7 Regional Offices located in Prince William, Fairfax, Loudoun and Fauquier Counties. Approximately 72 % of the more than 30,000 sessions annually are conducted virtually.

YFT serves individuals and families ages 5 to senior citizens. We accept Medicaid, Medicare, most private insurances and offer a sliding scale to those with financial need.

We provide evidence-based services to clients living in urban areas along the Rt 1 corridor as well as the most underserved rural areas in Northern Virginia

YFT Behavioral Health Services FY23

31,200 Total Counseling Sessions Over the Year

4,740 Individuals Served

98.6% Satisfied with Services Received

149 Military Active and Retired

63% Experienced Significant Improvements from Debilitating Symptoms



Behavioral Health Services

reaching all the way to the Shenandoah Valley and Central Virginia.

Mental health problems, especially those affecting young people, have become increasingly severe. YFT's therapists are seeing a large increase in school age children ages 5 to 12 needing face-to-face sessions, and a large increase in middle and high school students with suicidal ideation, eating disorders, bullying experiences, depression and self-injurious behaviors. The prevalent diagnosis among YFT's patients is anxiety – twice the number of other diagnoses.

The new \$ 10MM Pruitt Center on the YFT Campus serves as the headquarters for Youth For Tomorrow's expanding Behavioral Health Services program.

Substance Abuse Program

With partial funding from Potomac Health Foundation and in partnership with Sentara Northern Virginia Medical Center, YFT has expanded its substance abuse treatment program for adolescents and adults which now includes three licensed providers with the prestigious Certified Substance Abuse Counselor (CSAC).

Substance Abuse Services at the American Society for Addiction Medicine (ASAM) 1.0 Level of Care are provided to adolescents in Loudoun and adolescents and adults in Woodbridge. YFT's program includes comprehensive mental health substance abuse assessment, drug and alcohol screening, and individual, group and family counseling components. YFT provides about 140 substance abuse counseling sessions each month and provides additional counseling for those with co-occurring mental health and substance abuse diagnoses.

YFT regularly receives referrals from the Sentara Hospital Emergency Department (ED) for individuals in need of substance abuse counseling. With funding from Potomac Health Foundation and Sentara Cares, we are able to provide services to uninsured individuals. This partnership has helped grow this program into a valuable community resource by preventing avoidable ED visits and providing the required next appointments for those who do find themselves in the ED.

Supervision Model for Workforce Development

YFT has an established licensure supervision program with seven experienced, board-approved supervisors/senior clinical therapists on our staff at YFT-BHS. These individuals have active, unrestricted licenses in Virginia, at least two years of post-licensure clinical experience, the required professional training in supervision and meet all continuing education requirements. They are a diverse highly skilled group of credentialed professionals: Licensed Professional Counselor (LPC), Licensed Clinical Social Worker (LCSW) and Licensed substance Abuse (LSATP).

Of our 43 therapists, 20 of these represent a culturally diverse group, with 12 of those being supervised for licensure.

Play Therapy – Serving Kids as a Differentiator

During the past year, YFT's staff has expanded its current services and increased play therapy treatment for children (ages 5 – 12). In play therapy, toys are like the child's words and play is the child's language. Through play therapy, children learn to communicate with others, express feelings, modify behavior, develop problem-solving skills, and learn a variety of ways of relating to others.

There are very few providers that serve as referral resources for pediatricians and hospitals to provide next appointments for children under 12. Serving children is one of the real differentiators for YFT. We receive referrals from UVA Health System, Sentara Health System and many local pediatricians.

YFT offers bilingual supervised play therapy services to children in all seven of our regional offices and through telehealth services. The play therapy staff now encompasses 15 therapists with patients and their families coming into the offices for face-to-face sessions. YFT's play therapists have provided 3,939 play therapy sessions this year.

Community Services



Jermaine Johnson, Vice President, Community Services

Care parents for each one. YFT served a total of 191 children in FY 2023 in its foster care programs.

Treatment Foster Care

Some children in YFT's Foster Care program are directly assigned to YFT. Others have completed YFT's residential program but are unable to return to their homes. Children from infants to 21 years of age are placed with professionally trained and supported families. Treatment Foster Care parents help children learn to cope with their emotional trauma, trust others, advocate for themselves and set and achieve goals for their future and prepare them for independent living. YFT provides a high level of support and supervision, providing pre-service and ongoing training and support to foster parents.

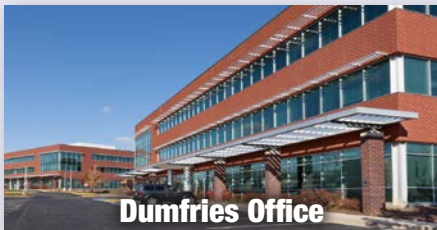
Foster Care

Youth for Tomorrow provides treatment foster care services in Northern Virginia for children who need intensive support to be maintained in a community placement. Trained and professionally supported foster parents provide a safe and structured environment for children to grow and develop. YFT has two Foster Care categories, treatment and transitional, and recruits and trains volunteer Foster

Transitional Foster Care

Unaccompanied immigrant minor children who are awaiting reunification with a family member or a sponsor in the U.S. are provided with temporary foster care services. For younger children (under 13 years of age) sibling groups and parenting and pregnant teens, caring foster parents in transitional foster homes provide a safe, nurturing environment while a home is found for them. These children attend either YFT's school or public school and receive healthcare.

Behavioral Health Services Regional Offices



Dumfries Office

3800 Fetter Park Drive, Suite 103
Dumfries VA 22025



Springfield Office

6800 Backlick Road, Ste. 300
Springfield, VA 22150



Haymarket Office

6611 Jefferson Street, First Floor
Haymarket, VA 20169



Lansdowne Office

19415 Deerfield Avenue, Ste. 101
Lansdowne, VA 20176



Woodbridge Office

14000 Crown Court, Ste. 101
Woodbridge, VA 22193



Warrenton Office

20 Rock Pointe Lane, Ste. 201
Warrenton, VA 20186

Community Services

YFT Foster Care Programs

48 Therapeutic Foster Care Children Served

143 Immigrant Foster Care Children Served

48 Children Placed in Permanent Homes



YFT Foster Care Team Member, Cynthia Zegeye at "Taste of Woodbridge" event at Stonebridge Town Center.

COMMUNITY SERVICES IN SCHOOLS

Therapeutic Day Treatment (TDT)

YFT's Therapeutic Day Treatment program provides an intensive level of mental health services to youth in schools who are experiencing emotional challenges. With this special help, they are able to successfully participate in classroom activities and cope with the personal challenges they face day to day at school. Each year has been marked by requests from additional schools for YFT counselors, and the program has grown with YFT serving in 12 schools. During the past year Alexandria City's Hammond and George Washington middle schools joined those in Prince William and Fairfax counties. YFT has been requested to expand its services to Arlington and Fauquier counties for the coming school year.

COMMUNITY SERVICES IN HOMES

Intensive In-Home Services

YFT provides therapeutic services to individuals and families in their homes. This includes assessments and treatment plans which may include family and individual interventions, parental coaching and skill development, safety and coping skills development, psychoeducation and 24-hour crisis support and response.

Transforming Lives Making a Difference

When referred to Youth For Tomorrow, Daniel struggled with aggressive behaviors, made negative comments towards his peers and adults, and was unable to express his emotions in a healthy appropriate manner. In the classroom, Daniel was failing all of his classes, was truant, lacked focus, did not turn in assignments and struggled to advocate for himself. Over the last four months the specialist has seen boundless progress in all areas. He is now able to remove himself from situations when he becomes irritated. He has acquired coping skills which he uses to manage his negative behaviors and regulating his moods. Daniel's grades have improved and is now passing five out of seven classes.

HEART 2 HEART YOUTH for TOMORROW GALA

SATURDAY, FEBRUARY 11, 2023
THE RITZ-CARLTON, TYSONS CORNER

**FEATURING SPECIAL ENTERTAINMENT BY
TRACE ADKINS!**



*(L-R) Trustees, Patsy Norton,
Cynthia Atwater and
Larry Rosenthal*



Coach and his granddaughter, Elle



*Governor of the Commonwealth
of Virginia, Glenn Youngkin*



*"In A Heartbeat" Award
was presented to Senator
George Barker*



Love Jones and Presenting Sponsor, Cyndi Butler

A Heart--Warming Evening

It was an enchanted evening February 11, 2023, at Youth For Tomorrow's Heart 2 Heart event, held at the Ritz-Carlton Hotel in Tysons Corner, Virginia. Co-Chaired by Trustees Cynthia Atwater and Patsy Norton, it marked the 20th year for Cynthia as Chair. Barbara Lewis and Cyndi Butler were Co-Chairs for the very successful Sweetheart Benefit Raffle, which yielded the choice of a 2023 Toyota Rav-4 courtesy of Miller Toyota or a \$35,000 cash prize for the lucky grand winner. Trustee Cyndi Butler and The Lambert Foundation were the event's Presenting Sponsors.

Governor Glenn Youngkin and his wife Suzanne were special guests. In his address, Gov. Youngkin stressed the severe need for mental health services and praised YFT's Behavioral Health Services program.

Senator George Barker was awarded the "In A Heartbeat" award for his accomplishments as a public servant and for his loyalty and support of YFT.

Country Music and TV Superstar, Trace Adkins brought down the house as the featured entertainment for the evening. Excitement was in the air as he played his classic hits such as, "Ladies Love Country Boys," "You're Gonna Miss This" and "Arlington." The dance floor was never empty while Trace was on the stage.

Youth For Tomorrow's Burgundy & Gold Banquet



TV STARS / NFL Hall of Famers were featured speakers: (M) Coach Gibbs with (L) Terry Bradshaw (Quarterback, Pittsburgh Steelers), four-time Super Bowl winner, two-time Super Bowl MVP and four-time All Pro and (R) Howie Long (Defensive Lineman, Oakland/Los Angeles Raiders) Super Bowl Champion, three-time All Pro, and eight-time All Pro. Bradshaw and Long appear together on Fox NFL Sunday.

NFL Hall of Fame stars, inside stories about football and television sports coverage, awards presented to top Washington Commanders football players and an exciting live auction led by John Nicholls all marked an evening that was humorous, heartwarming and thoroughly entertaining. The 34th Annual Burgundy & Gold event was held May 11, 2023, and chaired by YFT Trustee, Adam Volanth. Guests were welcomed by Master of Ceremonies Larry Rosenthal, followed by the National Anthem sung by Julianna Herbek. A highlight of the evening was YFT's very own, Dr. Gary Jones' deserving induction into the YFT Hall of Fame. The Burgundy & Gold event was capped off by entertaining anecdotes of the NFL "glory days" by Coach Gibbs, Terry Bradshaw, and Howie Long.



YFT Trustee Adam Volanth chaired both 2022 and 2023 Burgundy & Gold events.



A light moment! (L-R) Gibbs, Bradshaw and Long.



The Quarterback Club of Washington's Player of the Year award went to Washington Commanders Defensive Tackle Daron Payne. Payne started in all 17 games and recorded a career high 64 total tackles, 11.5 sacks, 20 quarter-back hurries, five passes defended and one fumble recovery.



Rookie Running Back Brian Robinson was elected by Washington Commander players as the 2022 Ed Block Courage award winner, who in their eyes, "exemplifies commitment to the principles of sportsmanship and courage." Robinson, shot twice by carjackers in August, 2022, made his debut in Week 5 and completed the season as the team's leading rusher.



A group of VIP guests enthusiastically welcomed Terry Bradshaw into their photo.



The Youth For Tomorrow Annual Golf Classic

Golf Enthusiasts Tee Up to Benefit YFT at 27th Annual Youth For Tomorrow Golf Classic

The 27th Annual Golf Classic was held on June 6th at the Westfields Golf Club in Clifton, VA. It is one of the most popular golf tournaments in the Northern Virginia area, and once again, it quickly sold out. Trustee Jon Peterson of the Peterson Companies has served as the Chairman for the event for past 20 years and is the Title Sponsor.

The tournament kicked off with the Mega Putt contest. Our dear friends at Chuy's Tex-Mex along with Kim Beach with Barn Door BBQ happily returned serving up their nachos and BBQ on the course which the golfers are always thrilled to indulge. Chuy's also served their sizzling fajitas for the awards dinner.



Double Eagle Sponsor, Vic Sellier with his foursome (L-R) Jay Turner, Ivan Mills, Jeff Brown and Vic.



Chairman Jon Peterson announcing the Tournament winner at the awards dinner.



The happy winner placing 2nd Place Net for the tournament.



Father and son - Matt Garcell, Managing Director with Cushman Wakefield and his son.



Winner of the Mega Putt Contest Madison Wittman, Asst. Project Manager at HITT Contracting.

The Quarterback Club of Washington

Golfing for a Great Cause!

Fellowship and fun mixed with some friendly competition was shared on November 10 when Youth For Tomorrow's teed off its 2nd Annual Quarterback Club of Washington Topgolf event.

YFT Trustee Blake Fellows chaired the YFT benefit, held at Topgolf in Ashburn, Virginia. Teams from Fellows Financial Group, Great American Restaurants, Peterson Companies, Paisano's Pizza, Pruitt Corporation, The Capital Financial Group, Mark Andrews, David Paul, Team YFT, and Team Herbek vied for the winning trophy.

Washington Commanders Kicker Joey Slye made a special appearance and joined the competition, along with noted Washington football alums Doc Walker, Ken Harvey, Raleigh McKenzie, Vernon Dean and Clarence Vaughn.

The more than 50-year-old Quarterback Club of Washington was donated to Youth For Tomorrow a decade ago by Founder Robert J. Geoghan. Among its other activities, the Club awards the Player of the Year award at the Burgundy & Gold event each year.



YFT Trustees Fouad Qreitem and Taylor Chess hold the Quarterback Club of Washington's Player of the Year Award.



Former Redskins outside linebacker, now writer, fitness coach and commentator Ken Harvey.



Peterson Companies players hold their raffle prizes – (L-R): Tim Hughes, Kevin McHugh, Taylor Chess, Dan Martin, Jon Peterson, Kevin Hughes.

To Learn More About the Quarterback Club of Washington or to be added to the contact list to be invited to attend these special events and experiences, contact Love D. Jones, Vice President of Development & Public Relations, at (703) 396-8415 or LJones@yftva.com.



Youth For Tomorrow's Country Fair & Auctions

Not even a hurricane could stop Youth For Tomorrow's beloved Country Fair & Auctions – the 37th in the series – from opening on October 8, 2022. After two years of virtual or greatly modified events and a week's postponement due to the severe-weather threat, the YFT campus came alive again with fun activities for children and adults, fabulous performances and displays, and delicious food provided by generous area restaurateurs.

As always, the event was the product of hundreds of hard-working volunteers, with Trustees Tom Shumaker and Ken Shepherd as event Co-Chairs. Trustees, Sponsors, and special friends were invited to the VIP Hospitality Tent to enjoy delicious food and some time to catch up and mingle. Board President Vern McHarque gave welcoming remarks to kick off the Live Auction, which was led by John Nicholls and his amazing team. Thanks to the Live Auction Co-Chairs, Kristine Johnson and Micheal Harman and several generous underwriters, the Live Auction was once again a big success.

This year's CFA theme was "God Bless the USA" and honored all branches of the military and first responders, including the Prince William County Police and Sheriff's Departments and the Nokesville Fire Department.



An obstacle course and chin-up bar challenge led by Army Drill Sergeant John Libby and American Fitness tested patrons of all ages.



Coach Joe Gibbs with (L) Sergeant John Libby and (R) Capt. Scott Davidson (USA-Ret.)



"Top Gun" supporter Toyota and Miller Toyota's generous hospitality, display of winning cars and other participation helped create an extra-special day.



The Cactus Jack Band kept up the beat!



The Dialed Action Sports BMX bike show wowed with crazy stunts and presented an anti-bullying message.

Youth For Tomorrow's Hall of Fame



Coach Gibbs is presented with the customary HOF jacket by CEO, Dr. Gary Jones, and Board President, Vern McHargue.

YFT Founder and Chairman Joe Gibbs

Founder Joe Gibbs was the inaugural inductee into the Youth For Tomorrow Hall of Fame, increasing his number of HOF inductions to a total of three (NFL 1996 and NASCAR 2020). Coach of the three-time Superbowl-winning Washington Redskins, it was on a Christian-ministry mission in Washington D.C. during the 1983 Players Strike that he had the vision of a place where boys could turn their lives around in a supportive home atmosphere, go to school and receive counseling. His dream became reality when YFT opened in 1986.



Youth For Tomorrow's Hall of Fame



Youth For Tomorrow CEO Dr. Gary L. Jones

In April, 1988, Coach Gibbs approached Dr. Jones as a management consultant to the newly-opened youth home, providing advice on private philanthropy and eventually for all aspects of the YFT program and corporate matters. In February 1996, Dr. Jones became YFT's CEO, and over the years has expanded enrollment to serve girls and children from all over the world, expanded mental health services to the larger community and began addressing unique problems of the resident population. Among other achievements, Dr. Jones is a former Under Secretary and Acting Secretary of the U.S. Department of Education.



Special Awards

In a Heartbeat Award

A Virginia State Senator since 2008, **George Barker** has been an advocate for Youth For Tomorrow, often approaching the General Assembly on behalf of YFT with a budget request or a refutation with a licensing agency on YFT's behalf.



Sen. Barker embarked on his career in health systems planning in the mid-1970s and for 30 years has worked to contain health care costs and promote quality of care and access for all Northern Virginians. His efforts resulted in programs to help those who cannot afford proper health care, including children and pregnant women with low-income backgrounds. Senator Barker was awarded the In a Heartbeat Award at the Heart 2 Heart Gala on Saturday, February 11, 2023.

Distinguished Service Award

Nathaniel Grant, President of GAM Graphics and Marketing, has been an exceptionally gracious and generous friend to YFT over the past 15 years. GAM



(R) YFT Trustee Nathaniel Grant with (L) GAM Creative Director Ronnie Price

has created and provided pro bono all printed materials for YFT's events – from designing logos and themes to printing event marketing materials and programs. GAM is extremely generous in its relationship with Youth For Tomorrow as designer and printer of all YFT's printed materials. Nathaniel also hosts a Christmas Open House, called the "GAM Give & Get", for his clients and colleagues, resulting in many donations to the YFT Wish List for the Angel Tree project.

Distinguished Leadership Award

YFT Trustee Ken Shepherd, Managing Partner at Miller Toyota, was honored for his exceptional leadership and philanthropic commitment to YFT. Ken has served YFT in many capacities over the years, including Co-Chair for the Country Fair and



(L-R) Advisor Audrey Shay, Trustee Ken Shepherd and Trustee Vern McHargue

-serving on many other special event Host and Steering Committees. He has been instrumental in securing Toyota vehicles for the Sweetheart Benefit Raffle and in working with Toyota for the activation and displays at the Country Fair.

Special Awards

The Dan Anderson Employees of the Year

Youth For Tomorrow has so many outstanding employees that it was decided to confer seven awards across departments. Those honored were:

Andrew Harar, Therapist and Site Director for Warrenton BHS

"I have just recently reached my tenth year in serving at YFT. Having first served in the school system through our TDT program, then having provided outpatient counseling in our Woodbridge location, and now in my role as Director of our Warrenton location, I have noted a commonality in each of my roles. In each role, I have heard expressed the immense gratitude of those with whom we work! I have met with so many families in need, having sought mental health services for months upon months without success. They called Youth For Tomorrow, and we were there for them. I am grateful to work within this organization, through which we provide support for those who may not have anywhere else to turn."



Karen Mendez-Herrera, Assistant Director/Weekend Supervisor

"The reason why I love YFT is simply because me growing up in a Hispanic household, I've always felt like I wanted to be that adult that I felt like I needed. We're able to give kids something that we needed or just give them a simple, 'Hey, you're doing a great job.' We're here for them and that's why I love YFT."

Deandra Payne-Allen, Therapist and Assistant Director of RTC Clinical Services

"I love working at Youth For Tomorrow because I am blessed to be able to Serve Christ and to Serve Others in this environment."



Zack Parker, Campus Operations Project Manager

"Working at YFT has opened doors I wouldn't have had anywhere else, from the freedom to grow professionally to expanding my spirituality. Our mission is held to the highest standard and I'm proud to say I'm a part of it."



Forrest Reed, Assistant Director of IT and Database Administration

"The staff at YFT have always been very kind and supportive. I always enjoy coming in to the professional and encouraging work environment."

Marguerite Thibodeaux, Special Education Teacher

"Working at YFT allows me to walk in my purpose and provides me the opportunity to be a catalyst for change in a young person's life."



Allan Zuniga, Residential Counselor

"I love working at YFT because I have a passion for working with the children. Knowing that I am able to make an impact on a child's life in a positive manner is such a rewarding feeling and keeps me going every day."



Special Awards

Volunteer of the Year Award

Audrey Shay, President of ASA Real Estate – Powered by Keller-Williams and YFT Advisory Board Member, has provided countless gifts to YFT's children and made Christmas a very special time with the Angel Tree project. She also has coordinated the annual Keller-Williams Red Day – a day of service at the YFT campus by the company's staff and friends.



Advisory Board Member Audrey Shay and Dr. Jones



Col. James and Mrs. Jean Jones

A Special Award for Service to America – Col. Jim Jones

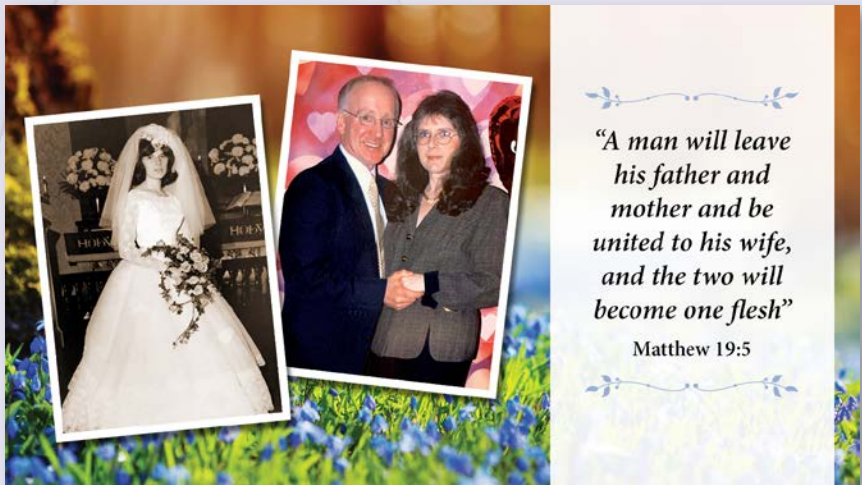
YFT created this special award to recognize the service of Colonel Jim Jones, a widely decorated combat veteran and longtime supporter of YFT as an Advisory Board Member. He is also instrumental in helping the Sweetheart Benefit Raffle sell out by persuading his many friends to buy tickets. His wife Jean Jones is also an Advisor and assists with the After Care Program.

In Memoriam

Diana Glusko

Diana Glusko, beloved wife of Chaplain Denny Glusko, was a bright light at Youth For Tomorrow with her spiritual and courageous demeanor and gentle smile. She frequently accompanied her husband as he went about his pastoral mission at YFT. Diana was an inspiring example of the power of faith, hope, and love.

On May 14, 2022, Diana went Home to be with the Lord and On June 04, 2022, YFT celebrated her life in the Peterson chapel.



August 19, 1948 – May 14, 2022

Capital Campaign: Therapeutic Music & Arts Center



***It's a simple fact, supported by years of research:
The Arts improve every facet of growing lives.***

Art therapy has been shown to benefit people of all ages. Research indicates art therapy can improve communication and concentration and can help reduce feelings of anxiety, depression and isolation. This type of therapy has also been shown to lead to increases in self-esteem, confidence, and self-awareness.

This Creative Arts program will introduce a variety of instructional areas in art, music, dance, drama, sculpture, creative writing, graphic arts, marketing and design, sound and theatric technology— and even public speaking. The coursework will ensure students become well-rounded, by encouraging critical thinking and communication skills, exploring career opportunities and providing a positive outlet for children and adults to explore unique interests and natural talents. Along with the expressive art therapies, creative arts education is one of the main pillars on which The Center will be built.

The proposed Therapeutic Music and Arts Center, a program of Youth For Tomorrow, will be dedicated to the education and empowerment of children and families through expressive art therapies and creative arts education. The Center is intended to be a focal point of therapeutic arts services for children and families in the Northern Virginia region as well as youth from across the nation and the world who participate in YFT's therapeutic residential center. It will be the first and only arts center in the region to offer unique programs that combine arts, academics and creative therapies to help participants reach their highest potential.

Its purpose: To provide a facility for children, adolescents, and families to explore their creative, emotional, inspirational, spiritual, and behavioral development through the expressive therapeutic arts and the creative arts education.

Highlights of the Year



Lt. Governor, Winsome Sears Visits YFT

Lieutenant Governor, Winsome Earle-Sears, visited the Youth For Tomorrow campus to meet with CEO Dr. Jones and the Executive Team to learn more about our programs along with the challenges YFT faces.

Following the meeting, the Lt. Gov. had an opportunity to meet with a few of our staff and residents, engaging them in thoughtful conversation and provided them a few "words of wisdom." She also stepped into a music class and learned to play the ukulele!

Upon leaving YFT, the Lt. Gov. remarked, "If I were a child who was lost or felt no one cared, I would be so thankful that Youth for Tomorrow exists to provide that comforting bed, people who care, and a safe place to help me change my life. We thank God for places such as this, and to the many who give of themselves to make this place a reality for so many broken children."



Highlights of the Year

Three-Time Winners at Nationals Park!



Generous friends of Youth For Tomorrow provided some memorable days for several groups of YFT residents. Thanks to **Trustee Cecil Pruitt** and **M & T Bank Regional President Cecilia Hodges**, one group of YFT boys were there to see the Nationals beat the Oakland Athletics and another the Florida Marlins. Then a girls contingent watched the team take on and again win over the Marlins. On each occasion the YFT groups enjoyed great seats and food and beverages, and the Washington team won all three games!



A Gift of Bicycles

The GEICO Marine Insurance office provided Youth For Tomorrow with a special gift of 40 bicycles personally assembled by GEICO staff at its Port Royal Road, Springfield location. The project was facilitated by the "Together We Rise" organization, which creates ways for organizations and individuals to have a direct and meaningful way to help children placed in the foster care system. The GEICO group donated funds to the non-profit for the bicycle parts and helmets, and their staff assembled the bicycles as a team-building exercise, benefiting Youth For Tomorrow residents.



From Experience, a Heart-Filled Message

At the Burgundy & Gold Banquet, Washington Commanders Defensive Tackle and University of Alabama football star, Jonathan Allen, spoke from his own personal experience within the foster care system. Today, he spends time volunteering in a homeless shelter in the Washington, D.C. area that helps young people find safe homes, and has participated in weekly mentoring sessions with teenagers.



Highlights of the Year



A Gift of Skateboards!

The Tysons location of the national chain shoe retailer, Journeys, made a gift of 19 skateboards to Youth For Tomorrow boys and girls. Journeys has a company-wide “Attitude that Cares” initiative and teamed up with Can’d Aid to build thousands of skateboards across the U.S. to be donated to disadvantaged youngsters.

It’s Basketball Season

Several groups of our boys were given the amazing opportunity to attend a few Washington Wizards basketball games thanks to the generosity of Trustee **Jon Peterson** and the **Peterson Companies!** Needless to say, the boys were awestruck attending the game and having seats in a Suite – and with plentiful food and sodas to enjoy!



A Heartwarming Thanksgiving!

Many children and families served by Youth For Tomorrow’s community services programs are struggling financially, especially as food prices soar. YFT staff assembled and delivered more than 600 Thanksgiving and Christmas gift bags of healthy holiday food to needy families served by YFT’s Behavioral Health Services and Therapeutic Day Treatment programs. Thanks to generous donors, YFT has been able to provide more than 6,700 holiday meals over the past eight years to families in need.



(L-R) YFT VP Love D. Jones, Hazel employees Jim Tracy and Mark Parlett, Dr. Gary L. Jones and Kyle Turner, YFT Development and Community Outreach Coordinator. The William A. Hazel company, which has provided turkeys for the YFT homes for more than 30 years, this year delivered 50 turkeys for the youth home.



YFT staff members fill bags with non-perishable grocery items and a \$50 gift card that can be used for a turkey and fresh produce.

Highlights of the Year

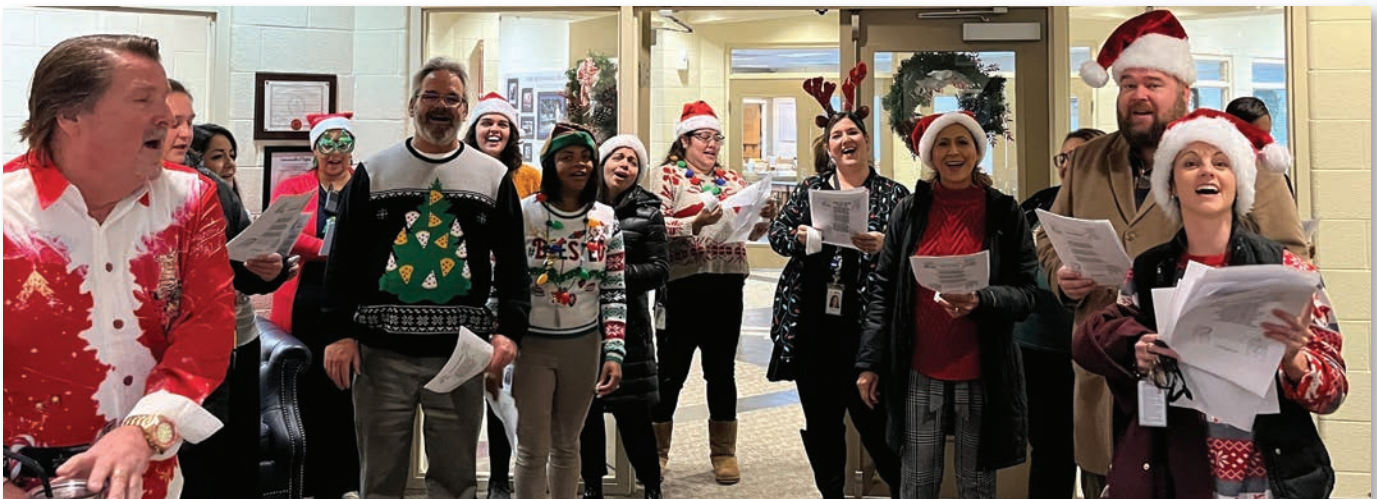


Thomas Vacca, YFT Campus Operations Tech delivered food bags in the community. The attractive bags were donated by YFT Trustee Nathaniel Grant, President of GAM Graphics and Marketing.



It Was Beginning to Feel like Christmas!

The entire Youth For Tomorrow staff was busy for days assembling, packaging, wrapping and caroling! Residents and staff members celebrated Christmas together in a festive musical program in the Peterson Family Chapel.



Highlights of the Year

Christmas Is for Giving

Each year, dozens of companies and individuals participate in the Angel Tree project to ensure that each child at Youth For Tomorrow will have gifts under the tree with their name on them. For some, it is the first time they have received their own gifts.



The Washington Ballet Theatre gave YFT girls a special Christmas treat – 40 tickets to their performance of The Nutcracker Ballet.



Angels at the Everbrook Academy in Bristow with their Angel Tree project gifts.



Trustees Jon Peterson and Taylor Chess lead the Petersen Company staff in the Angel Tree project each year.



A very festive Christmas program was enjoyed by the children and staff in the Peterson Family Chapel.



Angels at the Prince William Sheriff's Department "adopted" some residents and provided gifts.



Following the Christmas program, everyone savored the delicious holiday meal provided by Trustee Danny Hazel and our kitchen staff.

Highlights of the Year



YFT leadership briefed the Attorney General in the library.

Attorney General Jason Miyares Visits YFT

The Commonwealth of Virginia's Attorney General Jason Miyares visited Youth For Tomorrow's campus on February 8th to learn more about YFT's residential and community-based programs. He expressed his gratitude to YFT, *"you are building a legacy here, thank you for standing in the gap to help those who are experiencing mental health issues, especially those uninsured and on Medicaid."*

Miyares toured the school and met with some of the boys at lunch in the dining hall. He also visited the Peterson Family Chapel. He praised YFT's focus, not only on the teen's mental health and physical well-being, but the importance of spiritual growth as well.

The tour gave him a close up look at the work done at YFT, and he was impressed stating *"What you are doing is a seismic change in the lives of the kids at Youth For Tomorrow, you show kids a glimpse of heaven here."*



(L-R) YFT staff members D. J. Jordan, Jr., Tanya Gould, Romero Spates, AG Miyares, Kyle Turner, Dr. Gary Jones, Natalia Becker, Carlos Donaldson and Dr. Terry Tinsley.

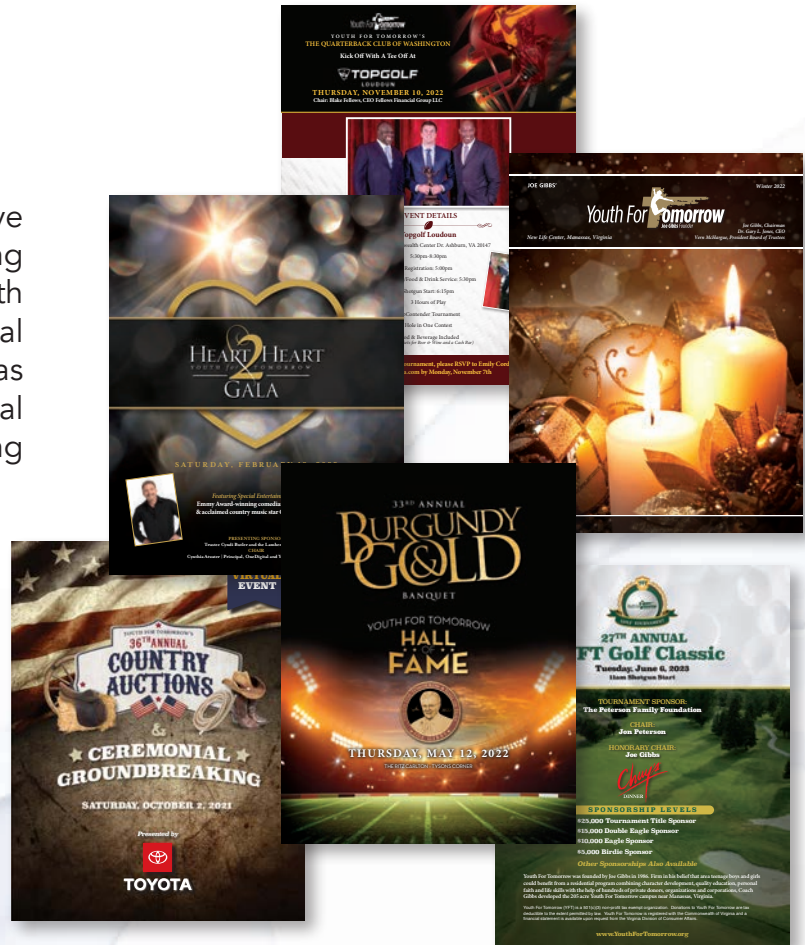


Attorney General Miyares and Dr. Gary Jones.

A Special Thanks!

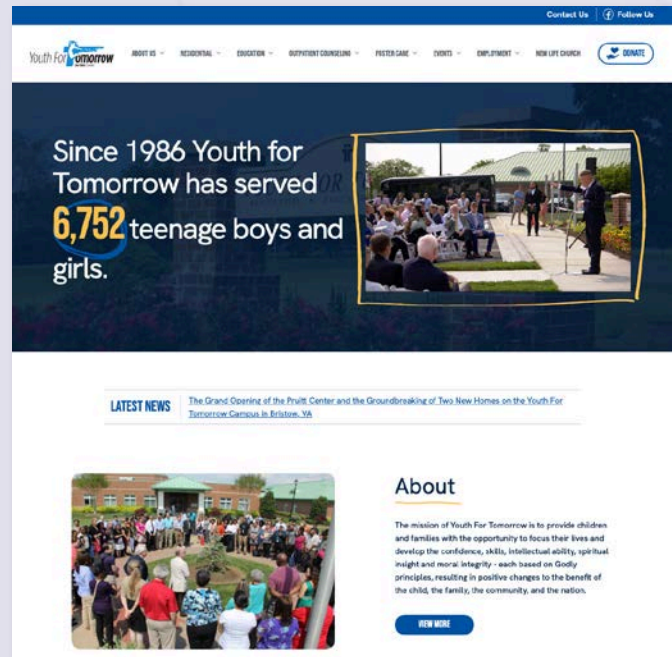
Special Thanks to Special Friends!

Trustee Nathaniel Grant and his creative team at GAM – Graphics and Marketing have designed and printed all Youth For Tomorrow’s newsletters and Annual Report for more than 10 years. GAM has designed and produced all YFT’s special event programs, brochures and marketing materials PRO BONO!



Check Out YFT’s New Website!

A fresh, dynamic new look, eye-catching graphics and lots of information now greet visitors to the Youth For Tomorrow website. YFT is grateful to Shawn McGuinn and the Creative2 Team for donating their professional services for a complete redesign of the site.





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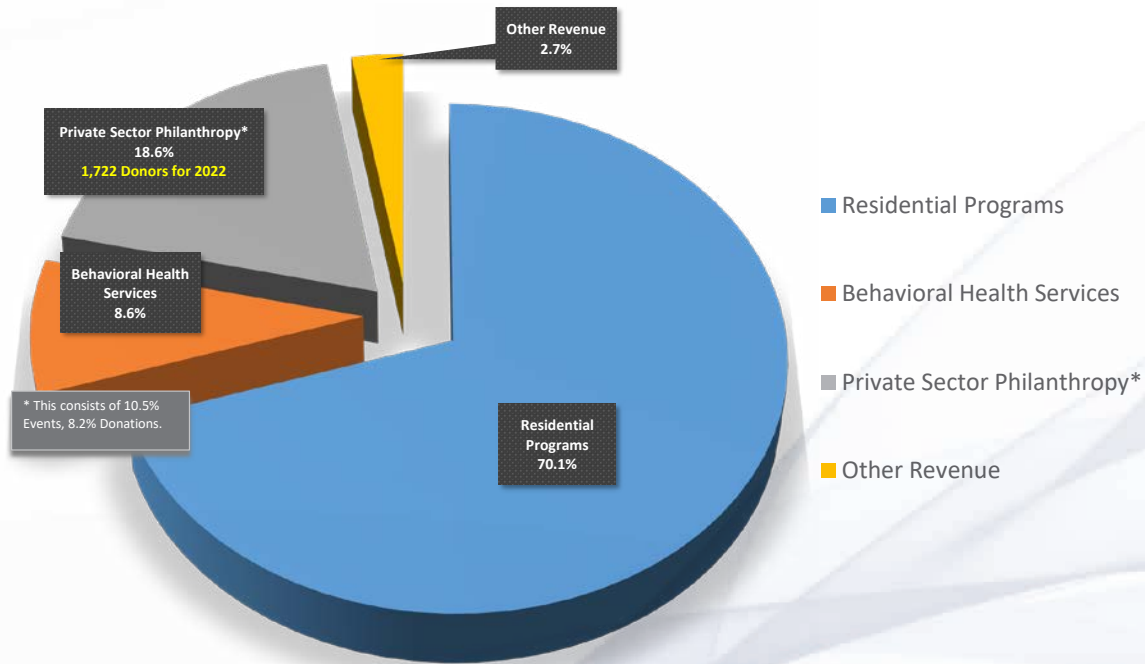
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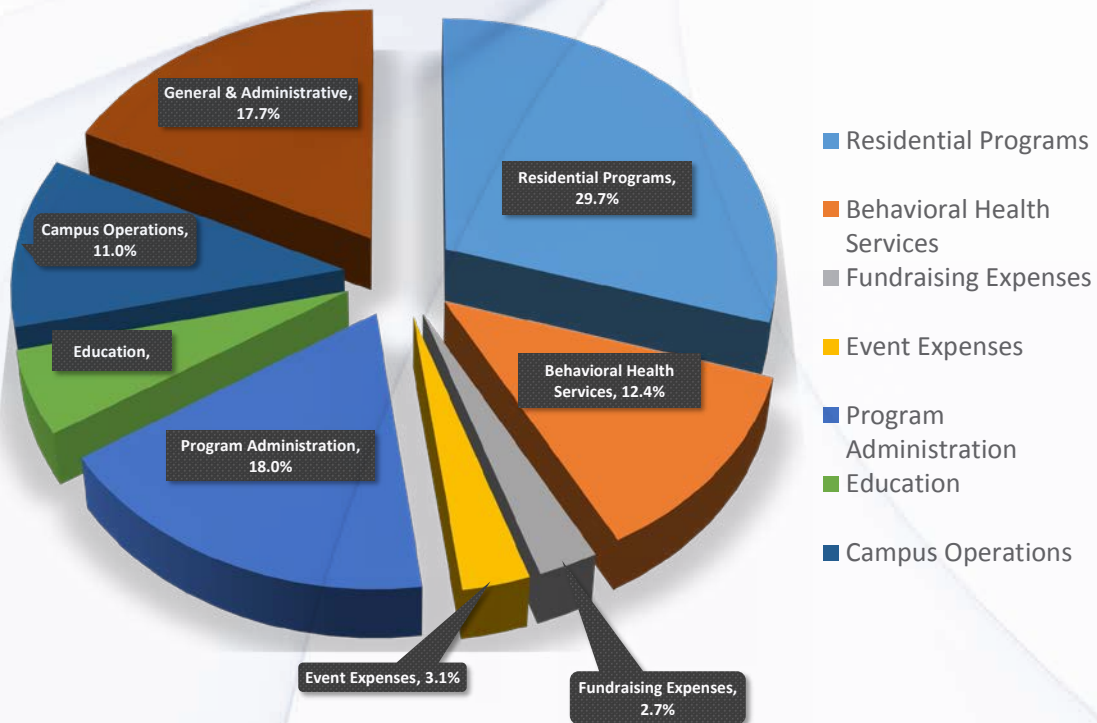
Fairfax County Schools

Becky Whitelock

2022 Revenue by Source



2022 Expense by Cost Center



* Private Sector Revenue includes revenue from fundraising events, contributions, foundation grants, CARES Act and transfer of debt to the YFT Foundation.
 ** Residential Program revenue includes Standard Domestic Children and Unaccompanied Immigrant Minors (UIM) which is funded by the Federal Government on the Office of Refugee Resettlement (ORR).
 *** Other Residential Program costs include Education, Program Administration, Campus Operations and General & Administrative Expenses.



HISTORICAL MILESTONES FOR



Purchased 134 acres in Bristow, VA

Prince William Co. Supervisors approved the site allowing the youth home to be built

Coach Gibbs hires Dr. Gary L. Jones to fundraise for YFT.

Dr. Gary Jones was appointed by Joe Gibbs to serve at the CEO for YFT.

Launched a Capital Campaign to build a 40,000 sq. ft. school and to build homes to begin a girls residential program.

Opened second and third homes for girls

YFT launched the "Mommy and Me" program for pregnant teens and parenting teens.

Dedicated the Redskins Courage House on campus.

Launched Crisis Intervention services with a grant provided by the Potomac Health Foundation.

Out-Patient Behavioral Health program expands its services in Prince William County.

1984

1988

1996

2000

2004

2007

2010

1983

1986

1989

1998

2003

2005

2009

2012

Washington Redskins Head Coach, Joe Gibbs met with local business leaders to discuss his plans for building a home for at-risk boys.

Joe Gibbs' Youth For Tomorrow opened its doors with four boys.

The first Kennedy Center Gala fundraiser was held, which the iconic comedian, Bob Hope performed. Our boys also took the stage to sing with Christian music artist, Sandi Patty.

A boy's transition home was built by member of the Northern Virginia Building Industry Association (NVBIA).

The Joe Gibbs' Academic and Physical Education Center opened.

The Wisser Village for Girls opened with its first girl's home – The Tammy House.

With the demand for residential placements for girls, an addition four homes were built in Wisser Village: Chelsea, Kelly, Gladys Lee and the Nancy homes.

YFT launched the "Girls on a Journey" program helping survivors of sex trafficking and exploitation to rebuild their lives.

Therapeutic Day Treatment program with Prince William County Schools is launched.

The Unaccompanied Immigrant Minor (UIM) program was launched with a Federal grant.



YFT received national accreditation by Council on Accreditation (COA) and AdvanCED for its academic program.

Launched a Capital Campaign to build additional homes, a Chapel and a Family Behavioral Health and Administration Center on the YFT Campus.

Groundbreaking for the Peterson Family Chapel on the YFT campus.

HomeAid partnering with Toll Brothers built and dedicated the Brenda Home.

Ribbon-cutting ceremony for the Peterson Family Chapel on the YFT Campus.

Pastor Jentezen Franklin and Kingdom Connections funded to build a new home, The Jentezen Franklin Ministries Home.

In March with the onset of the COVID-19 pandemic, Behavioral Health Services quickly transitioned to providing Telehealth counseling.

Groundbreaking ceremony for the Pruitt Administration and Behavioral Health Center.

2014

2016

2017

2018

2019

2020

2022

2021

2023

Expanded Behavioral Health Services and the Therapeutic Day Treatment (TDT) program into Fairfax County.

HomeAid partnering with Stanley Martin Homes built and dedicated the Laura Louise Home.

YFT achieved National Accreditation by the Joint Commission.

Expanded Behavioral Health Services into Loudoun County.

YFT expanded Behavioral Health Services into Fauquier County.

Expanded Behavioral Health Services to Dumfries with funding from grants by Sentara and the Potomac Health Foundation.

Grand Opening and ribbon-cutting ceremony for the Pruitt Administration and Behavioral Health Center.

**Many outpatient services can be covered by Medicaid or private insurance.*

Ways to Give



Here are a Few Ideas How to Donate You May Wish to Consider



Ask your employer if they have a matching program. Thousands of employers offer matching gift programs, from Fortune 500 companies to local businesses. Here are just a few: AT&T, Dominion Energy, GECO, General Dynamics, Micron, The Home Depot, Exxon-Mobil, Oracle, IBM, UPS, Verizon and so many more.



If you donate **appreciated shares of stock** you may avoid capital gains tax and Medicare tax.



Perhaps you are in a high-income tax bracket and don't want to take your required minimum

distribution from your IRA, you can donate your **Required Minimum Distribution (RMD)** to Youth For Tomorrow.



Combined Federal Campaign, (CFC) makes it easy for all federal employees to donate online and also gives federal retirees an easy option for donating through deductions from their annuities. To donate online, an employee need to register an account at givecfc.org. **YFT's CFC# 98682**



You may designate YFT in your companies **United Way Campaigns** too!!



Use a **Pooled Income Fund!** What is a Pooled Income Fund? It is a charitable trust where you donate cash or appreciated assets to avoid any capital gain and where you will receive the

Ways to Give

income from the assets for the rest of your life, your spouse's life and, if desired, even your children's lives.



You may have a **life insurance policy** that you purchased to protect your children who are now grown, family members who have predeceased you or to fund now-completed educational plans. Such policies, may have a significant cash value, make excellent charitable gifts.



A Charitable Giving Strategy with Tax Benefits

Consider Donating Your IRA - Required Minimum Distribution (RMD) to YFT

Donating your annual RMD from your IRA to YFT will provide not only critical funding for our programs, but will also provide you a lucrative tax benefit.

Are you required to take an RMD?

The Required Minimum Distribution (RMD) is the smallest amount account holders must withdraw from employer-sponsored pretax retirement plans each year once they reach the age of 72, and this includes pretax IRA's as well. It's important to understand these rules, because if you fail to meet your RMD, the amount which you don't withdraw from your account you will be taxed at 50%.

Which retirement accounts have RMDs?

The RMD rules apply to all employer-sponsored retirement plans (including profit-sharing plans, 401(k) plans, 403(b) plans, and 457(b) plans). Roth 401(k) accounts are exempt from the RMD rules as long as the owner is alive. Also, if you have inherited this type of plan you probably have an required minimum distribution.

Consider donating your RMD for a tax benefit.

If you have an RMD and you do not need the funds, donating to charity is a great tax option. Your required withdrawal will be included in your taxable income and cannot be rolled into other tax-deferred accounts. However, donating your RMD is a Qualified Charitable Distribution (QCD) - the funds will not be taxed. There is an annual limit - QCDs are capped at \$100,000 per person, per year.

If you withdraw more than \$100,000 from your IRA to contribute to a charity, you may not carry over the excess to a future year. You can do a QCD with the first \$100,000 of the distribution and the remaining amount will be treated as a taxable distribution, which you can take a charitable deduction for the amount over \$100,000, if you itemize deductions and otherwise qualify for the deduction.

A QCD must be done as a direct transfer from the IRA to YFT. You should instruct your IRA custodian to make the distribution check payable YFT. If the check is payable to YFT, but is sent to you to personally deliver it will be viewed as a direct payment by the IRS.

If you would you like more information, please contact your financial advisor or Love Jones, VP for Development at 703/396-8415 or LJones@yftva.com.

Thanks for Giving!

Youth For Tomorrow relies on grants from private and public foundations to provide support for our Behavioral Health programs and serving the needs of the children and families in the community.

Their contributions help keep our mission going strong, providing critical services in the safety net and helping to grow the behavioral health workforce in Virginia.

A Special Thanks to:



Potomac Health
Foundation

Potomac Health Foundation for their faithful support for 10 years for YFT to provide Behavioral Health Services in Prince William County.



PATH FOUNDATION

PATH Foundation financially supported YFT and the expansion of behavioral health and counseling programs serving children and adults in Fauquier County.



VIRGINIA
HEALTH CARE
FOUNDATION

Virginia Health Care Foundation provided funding for additional therapists in YFT's Warrenton and the Dumfries Regional Offices.



SENTARA®
Northern Virginia Medical Center

Sentara Foundation for their support for the Prince William County Behavioral Health Regional Offices.

LISC VIRGINIA

Local Initiatives Support Corporation (LISC) of Hampton Roads – for providing funding support for aftercare and scholarships.

INOVA Foundation – for support of workforce development providing funding for the supervision of five therapists working towards licensure

100 Women Strong – for supporting the Lansdowne Regional Office serving Loudoun County

Northern Piedmont Community Foundation – for supporting telehealth expansion in Fauquier County

Wise Foundation provided funding to help support the Fauquier Co. Regional Office.

Walmart Community Grant – for support of behavioral health services in Haymarket

Public Funding Provided through the American Rescue Plan Act (ARPA)

Loudoun County provided funding to increase capacity to provide Behavioral Health Services to Loudoun County residents

Fairfax County Neighborhood Community Services provided funding through the Nonprofit Stability Grant program to support critical social safety net services to Fairfax County residents

Virginia Department of Emergency Management and FEMA provided funding to reimburse expenses due to the pandemic in the Covid-19 Response grant.

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Dedicated to providing children and families with the opportunity to focus their lives and develop the confidence, skills, intellectual ability, spiritual insight and moral integrity – each based on Godly principles – resulting in positive changes to the benefit of the child, the family, the community and the nation.

Our Inspiration...

*Whatever you do for the least of mine,
brothers and sisters, you do for me...*

Matthew 25:40

Our Strength...

Believe His Word Trust His Grace

John 17:17

2 Corinthians 12:9

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