Youth For Tomorrow

OVER-THE-COUNTER CONSENT FORM

Resident's Name: _____ **DOB:** _____

Allergies: _____

****** PLEASE CHECK ALL MEDICATIONS WHICH ARE AUTHORIZED TO BE GIVEN ******

✓	PRODUCT	NAMES	DISPOSITION
	ACETAMINOPHEN (325 mgs)	Equate, Tylenol, Giant …	For pain and fever 2 tabs every 4 hours, not to exceed 8 tabs in a 24-hour period
	IBUPROFEN 200 mg	Equate, Motrin, Giant …	For pain and fever 2 tab every 6 hours, not to exceed 8 tabs in a 24-hour period
	DIPHENHYDRAMINE (25 mgs)	Benadryl, Modique	For the relief of runny nose, itchy eyes/skin, or other allergy symptoms. 1 tab every 4 hours, not to exceed 6 tabs in a 24-hour period
	PHENYLEPHRINE HCL (10 mgs)	Nasal Congestion PE, Suphedrine PE, Equate	1 tab every 4 hours for temporary relief of sinus congestion. Do not exceed 6 tabs in a 24-hour period.
	PSEUDOPHEDRINE (30 mgs)	Equate, Sudafed, Giant …	1 tab every 12 hours DO NOT exceed 2 tabs in a 24 hour s for sinus congestion
	NAPROXEN	Equate, Aleve, Giant …	1 tab every 12 hours Do not exceed 2 tabs in a 24-hour period
	GUAIFENESIN 100MG/10mg	Tussin, Robitussin, Equate, Sams, Target	For the relief of non-chronic coughs. 2 tsps (10cc) every 4 hours not to exceed 12 tsps in 24 hours.
	MENSTRUAL PAIN RELIEF	Equate, PMS, Target, Sams, Midol	2 caplets every 6 hours not to exceed 4 doses in 24 hours for menstrual pain.
	COUGH DROPS	Halls, Equate, Giant …	For the relief of minor cough/throat irritation. 1 drop every 2 hours, not to exceed 6 in 24 hours.
	ANTIBIOTIC OINTMENT	Neosporin, Equate, Giant …	For scratches and surface abrasions. Apply AM and PM daily. Use for 7 days only.
	HYDROCORTISONE CREAM (0.5 – 1%)		For itching associated with insect bites, surface abrasions, poison ivy, etc. Apply 2-3 times daily.
	MUSCLE RUB	Mineral Ice/Flexall 454, Equate …	Topical treatment for relief of muscle ache. Massage affected area 3 times daily. Use for 3 days only.
	PEPTO BISMOL	Equate Tabs, Giant …	2 tablespoons every 30 minutes to 1 hour as needed for upset stomach, nausea, heartburn, and diarrhea. Drink plenty of fluids to prevent dehydration. Do not exceed 8 Tbsp in 24 hours.
	ANTACID CHEWABLE	Tums, Equate, Rolaids…	2 tabs every 2 hours for heartburn and indigestion, not to exceed 24 tabs in 24 hours
	CALAMINE/CALADRYL LOTION		Apply to dry, oozing, weeping poison ivy, poison oak, and poison sumac. Do not use for more than 7 days.
	ISODETTES THROAT SPRAY		Spray directly to affected area in the mouth for 15 seconds and then spit out. Call physician if symptoms are accompanied by fever, headache, or rash.
	BENAOCAINE 10-28% LIQUID GEL	Oragel, Ambesol, Giant …	Apply with swab to area in the mouth. Use for only 7 days. DO NOT USE IF ALLERGIC TO LOCAL ANESTHETICS
	BURN SPRAY	Medi-First, Demoplast	Relieves the pain of minor burns, sunburn, scalds, and abrasions
	BENEDRYL SPRAY	Benedryl (off brand)	Apply to skin irritations, hives, or rashes every 2 hours not to exceed 6 applications in 24 hours.
	SUNSCREEN SPFB-50		To prevent sunburn apply liberally to all exposed parts.
	ALOE VERA EXTRACT		For relief of minor sunburn symptoms. Apply sparingly to affected parts

Physician Name: _____

Address: _____
Street City State Zip Code

Phone: _____ **Fax:** _____ **Other:** _____

_____ _____
Physician Signature **Date**

IMPORTANT: YOU MUST COMPLETE AND SIGN BOTH PARTS (PAGES 1 AND 2) OF THIS FORM